

Dear Parent/Carers

In conjunction with *respectme*, Scotland's anti-bullying service parents and carers are invited to attend two forthcoming workshops being held across regional venues.

**Online safety:** This interactive and hands on workshop lasting two hours will explore a range of important issues related to navigating the ever changing online world safely. The event will focus on:

- How young people use technology- the risks/challenges
- Popular social media apps- the pros and cons
- Practical advice on parental controls, privacy and safety settings with an opportunity to explore your own social media settings
- Talking to your children about keeping safe online

**Responding to Bullying:** This 90 minute workshop is designed to:

- Increase your awareness of bullying behaviour
- The different ways you can respond if your child is being bullied, or is involved in the bullying of others.
- How you can work together with your school to provide effective support for children and young people.

These regional events will take place on the following dates:

**27 March 2018, Edinburgh City Centre:**

Online Safety – 10.00am- 12.00pm  
Responding to Bullying - 1.00pm – 2.30pm

**18 April 2018, Ayr City Centre**

Online Safety – 10.00am- 12.00pm  
Responding to Bullying - 1.00pm – 2.30pm

**26 April 2018, Stirling**

Online Safety – 10.00am- 12.00pm  
Responding to Bullying - 1.00pm – 2.30pm

**19 April 2018, Glasgow City Centre**

Responding to Bullying – 10.00am- 12.00pm  
Online Safety – 1.30pm – 3.30pm

**24 April 2018, Coatbridge**

Online Safety only – 6.30pm – 8.30pm

**2 May 2018, Dundee City Centre**

Online Safety – 10.00am- 12.00pm  
Responding to Bullying - 1.00pm – 2.30pm

**3 May 2018, Aberdeen City Centre**

Online Safety – 10.00am- 12.00pm  
Responding to Bullying - 1.00pm – 2.30pm

***Places are limited so places must be reserved by contacting [enquiries@respectme.org.uk](mailto:enquiries@respectme.org.uk)***