

## **Cedarbank School**

HEAD TEACHER: Ms Ann M. O'Hagan

Ladywell East Livingston EH54 6DR

Tel: 01506 442172

e-mail: cedarbank@westlothian.org.uk

20<sup>th</sup> December 2018

Dear Parent / Carer,

I am delighted to announce that we have secured the services of SkillForce to work with all our S3 pupils to help prepare them for their transition to CB@DCHS. Our S3 pupils will be participating in the SkillForce Princes Award. This programme is designed to help students to develop the confidence, resilience and inner strength to 'dare to be their best self'. This is achieved through your child taking part in interactive games and activities, community projects and reflective learning, all of which follow a scheme of work that has been developed and evaluated by some of the country's top universities and educationalists.

SkillForce is a national education charity, employing predominantly ex-servicemen and women to deliver The Prince William Award in schools. HRH, Prince William, The Duke of Cambridge is the royal patron. If you would like to find out more then please do visit the SkillForce website www.skillforce.org.

Two SkillForce instructors will be coming into Cedarbank School every Friday, starting on the 11th January 2019, from 8.30 – 10.30am, to run a series of workshops, sessions and projects that will encourage your child to understand and reflect on the importance of key character traits like resilience, self-belief, teamwork and confidence. This will continue until the Easter holidays. Our S3 pupils had a taster session with the SkillForce instructors back in November. It was very well received by all our young people and I am confident that they will enjoy taking part in the Princes Award. Mrs Cairns, Principal Teacher, will be working with the S3 pupils throughout this programme and overseeing all activities.

Please complete and return the attached consent form to myself by Wednesday 9th January 2019.

Best wishes,

Ms A O'Hagan Head Teacher







