Sample Itinerary for Dounan's Centre Residential

Please note that this is a sample and daytime activities may be on different days depending on the group.

Monday 25th May

10.30	Arrive at Dounan's Centre
11.00	Problem Solving / Introduce Instructors
1.00	Lunch
1.30	Problem Solving
2.30	Catwalk
5.00	Dinner
6.00	Highland Games
7.30	Supper
8.00	Chill Time

Tuesday 26th May

8.30 Breakfast

0.00	Breaklast
9.30	Expedition
1.00	Lunch
2.00	Burn Scramble
1.30	Archery / Caving
5.00	Dinner
6.00	Giant Snakes and Ladders
7.30	Supper
8.00	Chill TIme

Wednesday 27th May

8.30 Breakfast

9.30 Crate Climbing

11.30 Night Line

1.00 Lunch

2.30 Leap of Destiny

5.00 Dinner

6.00 Movie Night

7.30 Supper

8.00 Movie Night

Thursday 28th May

8.30 Breakfast

9.30 Archery

11.30 Outdoor Living

1.00 Lunch

2.30 Raft Building

5.00 Dinner

6.00 Disco

7.30 Supper

8.00 Disco Pt2

Friday 29th May

8.30 Breakfast

9.00 Tidy up

10.00 Leave for Cedarbank

11.30 Return to school