



Cedarbank School

HEAD TEACHER: Ms Ann M. O'Hagan

Ladywell East
Livingston
EH54 6DR

Tel: 01506 442172

e-mail: wlcedarbank-sch@westlothian.org.uk

10th October 2019

Dear Parent / Carer,

OUTDOOR LEARNING SESSIONS AT HOWDEN PARK

I am delighted to inform you that pupils in S2 will soon be taking part in Outdoor Learning lessons, led by myself, in the Walled Garden at Howden Park and in the wooded areas behind the Walled Garden.

Outdoor Learning is an important part of the Scottish Government's vision to provide young people with a wide variety of experiences in many different settings. We are very fortunate here at Cedarbank School to be within walking distance of a beautiful wooded area which can help support our pupils in many ways. These include, developing personal and social skills; working through practical problems; building confidence in decision making and evaluating risk; and developing their connection to and appreciation of the natural world.

The first lesson will start on Wednesday 23rd October and they will continue every Wednesday until the Christmas break. We will leave school at the start of lunchtime and walk to the Walled Garden where we will eat a packed lunch. We will return to school by 3:15pm.

Pupils do not need to bring any special equipment for the lessons, but they should be dressed appropriately for the outdoors. They will enjoy the activities much more if they are warm and comfortable, so it would be better to be overdressed and wear extra layers rather than be cold.

We would recommend pupils bring:

- wellies or boots
- hat and gloves
- waterproof jacket
- waterproof trousers or a spare pair of trousers to change into when we return to school
- spare socks
- warm layers (long sleeved top, jumpers)
- a water bottle

If you have any questions about the Outdoor Learning sessions, please do not hesitate to get in touch with myself or Ms O'Hagan.

Best wishes,

Jonathan Thompson
Class Teacher



West Lothian Council



@CedarbankSchool



Award 2010