HOMESCHOOLING: Home Economics

Choose one activity from the menu. Use the peri-meter to challenge yourself (GREEN is easier BURGUNDY is harder)

Write an article about food shortages during the Coronavirus 19 pandemic	Make and decorate a cake! Take a photo and share it on Classroom	Work out the nutritional value of a meal you have eaten recently http://explorefood.food afactoflife.org.uk/	Work out the food miles of a meal you have eaten recently www.foodmiles.com	Research different careers in the food industry	Cinnamon Buns Pizza
Make a list of 20 dishes (sweet and savoury) that you can make with eggs	Make a bread dough product, i.e. one which uses yeast. For example cinnamon buns or pizza	Re-design the packaging of your favourite chocolate bar	Compare the food labels from two products in your cupboard	Design your dream menu Can you make sure it fits with the Eatwell Guide	One-Pot Pasta
					Spicy Beef, Bean and Potato Bake
Try a food you've never tried before. What did it taste like? Can you describe it?	Choose 5 items from the refrigerator or cupboard and plan a meal from them	Write a poem about food	Make your own Kahoot! Quiz and challenge your friends	Write the alphabet using a food for each letter, i.e. A for apple. To challenge yourself do this in French, i.e. A es pour I'ananas	Scotch Broth and Oatcakes
					Drop Scones (Scotch Pancakes)
Create a flower or swan from an apple. Take a photo and share it on Classroom	Watch an episode of Ready Steady Cook	Practice peeling a carrot and dicing an onion https://www.youtube.com/watch/v-fs8c0_tisF8	Practice your claw grip https://www.youtube.com/watch/waw/IUB8550R A and bridge hold https://www.youtube.com/watch/wabdXJLJNWu4	Practice accurate weighing and measuring	Hot Dogs
					Custard Creams