



# Making Your Own Yarn

Cedarbank School

Fashion and Textiles



# Developing Transferrable Skills



- Communication – reading, watching
- Employability - using organisational skills / ability to learn and adapt
- Problem solving - develop and test possible solutions / analyse and evaluate results
- Numeracy – measuring / shape and form
- Thinking - remembering, identifying, understanding, applying

# Making Your Own Yarn

You will need:

an old t-shirt (if you have 2 old t-shirts then you can practise on 1)

scissors large enough to cut fabric

ruler

pencil

***Please ask a parent/carer if you have permission to cut up an old t-shirt for this project.***

# Video Links Help

**Do you need to watch a demonstration?**

Making yarn out of a t-shirt:

<https://www.youtube.com/watch?v=0fLfZHA7wFg>

# Preparing Your T-shirt

## **Step 1:**

Look at your t-shirt label

Check it is at least 95% cotton.

A ribbed t-shirt is not suitable for this project as it will fray.

Turn your t-shirt inside out. This is so you can draw measure markings on later.

Prepare your t-shirt for easier cutting by ironing it.

# Preparing Your T-shirt

**Step 2:** Have the t-shirt inside out. Draw a line with a pencil and a ruler on your t-shirt horizontally under the arms of the t-shirt. Cut the t-shirt in a straight line directly under the armpits. Cut off the hem at the bottom. The hem is the double thickness fabric at the bottom edge.



hem

# Preparing Your T-shirt

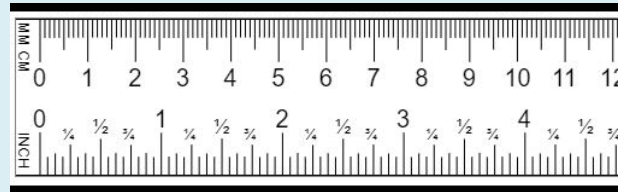
**Step 3:** fold your cut t-shirt body. Turn it on it's side and fold what was the left side over to the right.... making sure you leave a 3 cm gap. This is important as this is an area you **will not cut**.



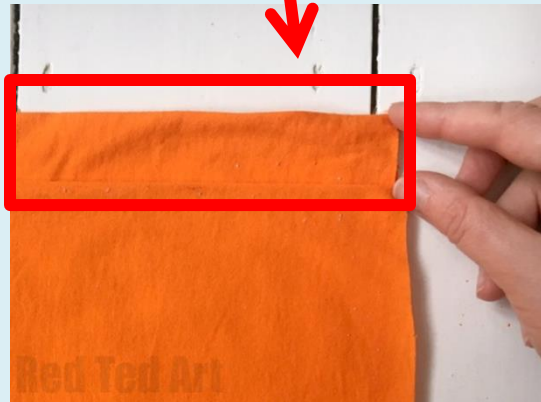
# Cutting Your T-shirt

**Step 4:** mark out 3cm intervals along the folded edge of your fabric. Then draw vertical lines down. Cut the vertical lines on the lower fold. Do not cut the original 3cm folded area.

**3cm intervals = 3, 6, 9, 12, 15..**



**Do not cut this area!**





# Making the Yarn

**Step 5:** unfold the t-shirt body. You will now have a ribbed pattern.

You now need to cut **DIAGONALLY** across. **Watch the video.**

Start at the centre of the edge of the fabric and cut across to the first slit. The next row cut diagonally across again. i.e from row 1 to row 2.

Then from 2 to row 3 and so on.... Keep going until you have finished.



# Making the Yarn

**Step 5:** Now your final step is to “curl” the yarn, simply by pulling it through your hands. I like to do this twice, but once usually is enough. Wind it up into a ball! You have made our own T-Shirt Yarn.

