

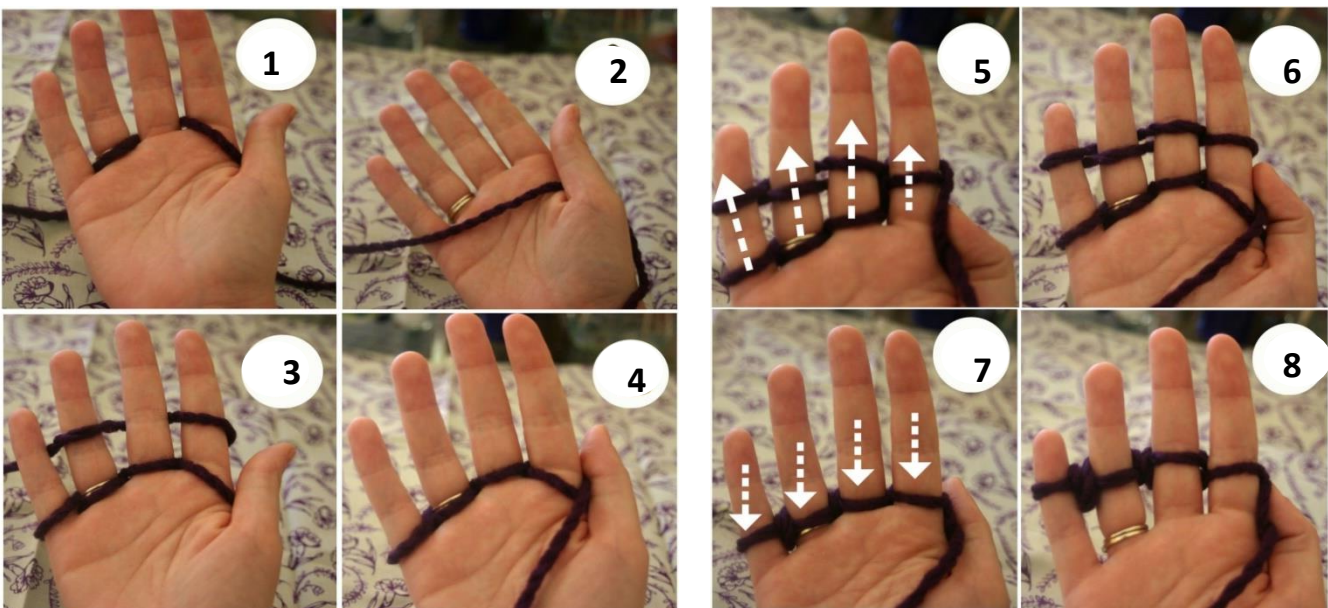
LEFT HANDED INSTRUCTIONS

1. Start by holding your right (non-dominant) hand with your palm up. Hold the end piece of wool with your thumb. You will only be using your 4 fingers for the actual knitting.
2. Using your left hand, wrap the wool over your pointer finger, back behind your middle finger, over your ring finger then behind your pinkie.
3. Now wrap the wool back around your pinkie, behind your ring finger, etc. You are basically making loops around each finger.
4. Move the wool up to your knuckles and repeat step 2.
5. Wrap the wool back around your fingers a second time. Now you have 2 rows of loops. Make sure to not wrap too tightly.
6. Now one finger at a time, pull the lower loop over the upper loop and then over the top of your finger.
7. Now you are left with just one row of loops. At this point you can let go of the end of the wool with your thumb.
8. Push down the upper row. It now becomes the lower row.

Now repeat steps 4 – 8 over and over until the rope is as long as you want it to be.

At first the wool on the back of your hand will look like a mess. Stretch it out gently as you go along. Quickly it will turn into a little rope or very thin scarf.

If you want to change colours, cut the first wool, tie it to the end of a different wool, and keep on finger knitting.



Youtube tutorial, please note this is **right handed** but is **simpler** than the **left handed video**

Part 1 <https://www.youtube.com/watch?v=h3BEgP5s9Pg>

Part 2 <https://www.youtube.com/watch?v=MDjIRGGEqnU>

Wiki how:

<https://www.wikihow.com/Finger-Knit>

Left handed video...tricky: <https://www.youtube.com/watch?v=dNXnDO0MFzg>

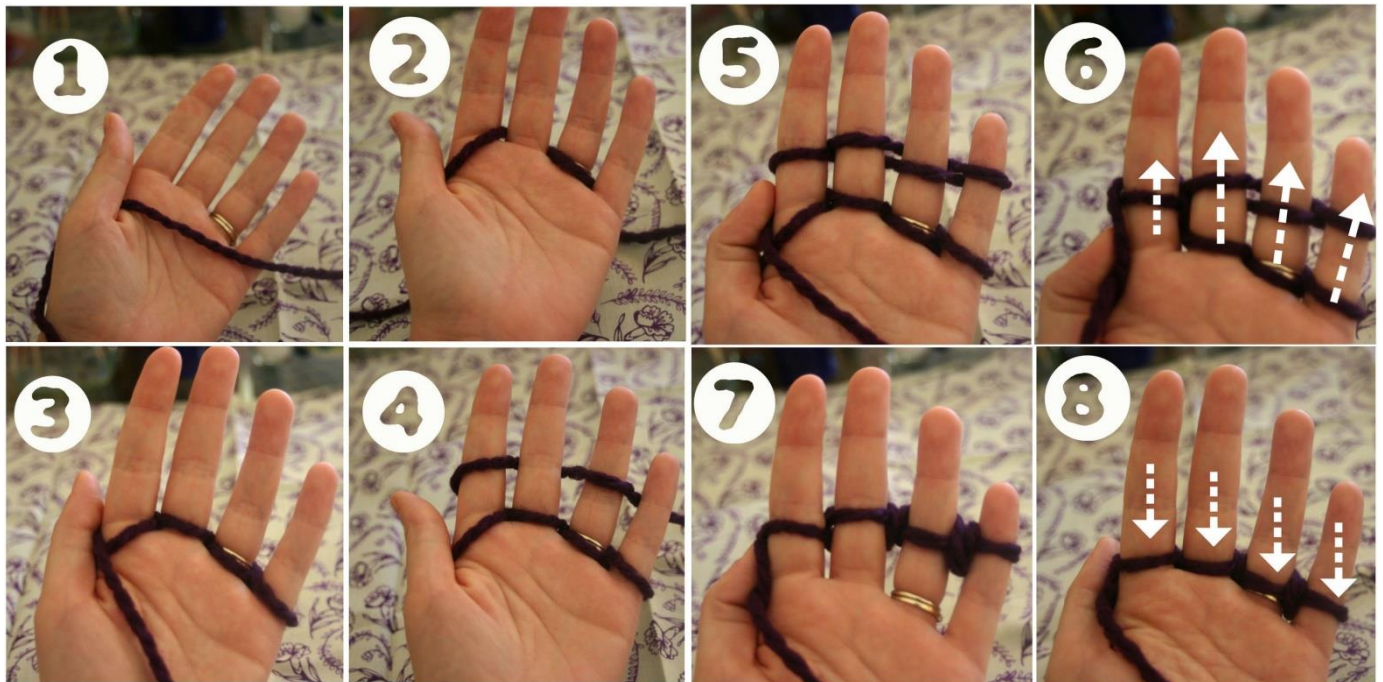
RIGHT HANDED INSTRUCTIONS

1. Start by holding your left (non-dominant) hand with your palm up. Hold the end piece of wool with your thumb. You will only be using your 4 fingers for the actual knitting.
2. Using your right hand, wrap the wool over your pointer finger, back behind your middle finger, over your ring finger then behind your pinkie.
3. Now wrap the wool back around your pinkie, behind your ring finger, etc. You are basically making loops around each finger.
4. Move the wool up to your knuckles and repeat step 2.
5. Wrap the wool back around your fingers a second time. Now you have 2 rows of loops. Make sure to not wrap too tightly.
6. Now one finger at a time, pull the lower loop over the upper loop and then over the top of your finger.
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Youtube tutorial, right handed

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