













Cedarbank School Menu

	Week 1	Week 2	Week 3
Monday		Spicy Lentil	Italian Tomato Soup
	Breaded Haddock Chips	Salmon Nibbles Potato Wedges	Breaded Haddock Chips
Sandwich Fillings: Quorn Mayo Tuna Mayo Cheese	or Macaroni Cheese Garlic and Herb Bread Baby Boiled Potatoes	or Spicy Tomato Pasta Cheddar Cheese Garlic Bread	or Quorn Chilli Taco Long Grain Rice
Salad and Coleslaw	Peas Green Salad Coleslaw	Mixed Salad Peas Coleslaw	Peas Beetroot Coleslaw 
Fresh Fruit	Pears	Pineapple	Grapes
	Snack	Snack	Snack
	Chicken Curry Bread	Chicken Curry Bread	Chicken Curry Bread

	Week 1	Week 2	Week 3
Tuesday		Vegetable Soup	Carrot and Lentil Soup
	Spaghetti Bolognese Grated Cheese Sweetcorn	Chicken Dansak Boiled Rice Tortilla Wrap	Roast Chicken Baby Boiled Potatoes
Sandwich Fillings: Cheese Tuna Chicken Mayo Quorn Mayo	or Thai Vegetarian Noodles	or Vegetable Cottage Pie	or  Macaroni Cheese Garlic and Herb Bread
Salad and Coleslaw	Sweetcorn Broccoli and Cauliflower mix	Cauliflower Sweetcorn	Carrots Sweetcorn
Fresh Fruit			
	Snack	Snack	Snack
	Pizzini Bread	Pizzini Bread	Pizzini Sandwich/Bread

	Week 1	Week 2	Week 3
Wednesday	Lentil Soup	Minestrone Soup	Scotch Broth
	Chilli Chicken Boiled Rice	Roast Beef/Gravy Yorkshire Pudding Mashed Potatoes	Beef Curry Boiled Rice Pitta Bread
Sandwich Fillings:	or	or	or 
Egg Mayo			
Ham			
Cheese	Baked Potato	Sweet and Sour	Tomato and
Tuna	Cheddar Cheese and Coleslaw	Vegetables	Mascarpone Pasta
Salad and Coleslaw	Beetroot	Green Beans	Spiced Onions
	Mixed Vegetables	Carrots	Green Salad
	Snack	Snack	Snack
	Panini Sandwich	Panini Sandwich	Panini Sandwich

	Week 1	Week 2	Week 3
Thursday	Minestrone Soup		Broccoli Soup
	Steak Pie Mashed Potatoes	Chicken with Pasta	Savoury Mince Mashed Potatoes
Sandwich Fillings:	or	or	or 
Cheese			
Tuna	Vegetable Dansak	Baked Potato	Baked Potato
Chicken Mayo	Boiled Rice	Coronation Quorn	Cheese
Quorn Mayo	Pitta Bread		
Salad	Green Beans	Broccoli	Mixed Vegetables
	Broccoli and Cauliflower mix	Diced Vegetable	Broccoli
	Ice Cream	Ice Cream	Ice Cream
	Snack	Snack	Snack
	Pizza Sandwich	Pizza Sandwich	Pizza Sandwich

Friday		Hot Rolls Home Baking Flavoured Water	
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